**ARTS AND SCIENCES/ITHRA SURVEY**

Interested in an Ithra Class in any of these areas? Please put a check mark next to the subjects that would interest you enough to take a class.

### “SCA” SUBJECTS
- Persona development
- History of the SCA
- SCA legends
- Scrounging SCA-useful items from thrift stores
- Autocratting an event
- Titles, orders and ranks
- Speaking forsoothly
- SCA etiquette
- Fighting appreciation
- Running a tourney
- Other ____________________

### COSTUMING AND SEWING
- How to use a sewing machine
- Basic costuming for Newcomers
- Basic women’s costuming
- Basic men’s costuming
- Making costumes fit properly
- Rectangular construction
- Historical Survey of Costuming
- Cloth and color in medieval garments
- Norse Costuming
- Byzantine, Russian, & E. European
- 12th Century Costuming
- Bliauts (10th-12th c garment)
- Middle Eastern
- Saxon and Norman
- Burgundian
- Elizabethan
- Italian Renaissance
- Spanish
- Cavalier
- Japanese
- Celtic
- Hats and hoods
- Capes and other outer garments
- Shoes and gloves
- Leather and fur garments
- Belts and pouches
- Undergarments
- Corsets/Bodices
- Codpieces
- Tabards and T-tunics
- Peasant, middle & upper class
- Religious costumes
- Hairdressing
- Sideless gowns/surcoats
- Other ____________________

### HERBS AND FLOWERS
- Herbs—medicinal
- Herbs—cooking
- Flower drying and hair wraiths
- Perfumes
- Other ____________________

### FOOD
- Food available in medieval Europe
- Medieval preparation techniques
- Spices—cooking with
- Spices—history of Feasts
- Subtleties
- Middle Eastern Food
- Intro to medieval cookery
- Intro to Renaissance cookery
- Redacting medieval recipes for the Modern kitchen
- Other ____________________

### MUSIC, BARDIC AND DANCE

### DRAMA
- Period Instruments
- Intro to Playing the Recorder
- Ballads
- Rounds
- Madrigals
- Sacred Music
- Elizabethan Music
- Folk tradition and Children’s Music
- Performing for an Audience
- Storytelling
- Filking
- Irish/Celtic Dance
- English Country Dance
- Pavanes and Court dances
- Bransles (brawls)
- Italian Renaissance dance
- Middle Eastern Dance
- Norse Dance
- Survey of Medieval and Renaissance Plays
- Commedia d’el Arte
- Mask Making
- Other ____________________

### JEWELRY
- History of Jewelry
- Pierced metal
- Norse Wire Weaving
- Chain Mail jewelry making
- Survey of Lost wax casting
- Survey of jewelry making techniques
- Penannular brooches
- Enameling
- Other ____________________

### TEXTILES
- Historical Survey of textiles
- Basic weaving
- Cardweaving
- Tapestry weaving
- Inkloom weaving
- Carpet making
- Loom making
- Drop spinning
- Wheel spinning
- Bobbin lace
- Needle lace
- Tatted lace
- Crocheted lace
- Drawn work
- Making snoods (hair nets)
- Other ____________________

### EMBROIDERY
- History of Needlework
- Historical Survey of embroidery
- Basic Embroidery
- Needlepoint
- Blackwork
- Whitework
- Smocking
- Couching
- Other ____________________
TOURNEYING

- Period pavilions
- Tourney food
- Tourney cooking
- Tourney boxes
- Tourney furniture
- Eating implements
- Other ____________________

MAKING YOUR CAMP/TABLE BEAUTIFUL

- Stained glass
- Lanterns
- Decorating leather
- Wood Carving
- Bone/Horn Carving
- Silk Banner Painting
- Medieval Furniture

SCRIBING, GRAPHICS, HERALDRY

- Celtic uncial calligraphy
- Basic blackletter calligraphy
- Carolingian miniscule
- History of calligraphy
- Illuminated capitals
- Steps for Making a Scroll
- General illumination
- Celtic knotwork
- Norse beasts
- Runes
- Bookbinding
- Papemaking
- Paper marbling
- Cartography
- Basic Book Heraldry
- Basic Field Heraldry
- Choosing a name
- Submitting a device
- Other ____________________

UNCATEGORIZABLE

- Available research materials
- Primary vs. Secondary Sources
- Medieval Research using the Internet

MEDIEVAL & RENAISSANCE LIFE

- Manners and morals
- Life in a castle
- Life in a manor
- Life in a town
- Life in a royal court
- The Crusades
- Life in Medieval Japan
- Theory of Feudalism
- Medieval Medicine
- Medieval Law
- Medieval Architecture
- Medieval Art
- Medieval Drama
- Medieval Games
- Magic and Divination
- Religion in Daily Life
- Development of Religious Orders
- Outstanding Personalities
- Other ____________________

ARMOR, ARMS, AND WAR

- Cheap, ugly, but effective armor
- Helms
- Body armor
- Padded coifs and gambesons
- Leather armor
- Metal elbows and knees
- Fighting gauntlets
- Sword and shield making
- Alternate weapons for heavy fighting
- Chain mail
- Tourney rocks and war weapons
- SCA war tactics
- Medieval war tactics
- Medieval war machines
- Medieval defense and fortifications
- Siege Techniques
- Rapier armor and weapons
- Archery
- Castles and fortifications
- Blacksmithing
- Marshaling for SCA events